

MY 2020

COVID-19

TIME CAPSULE

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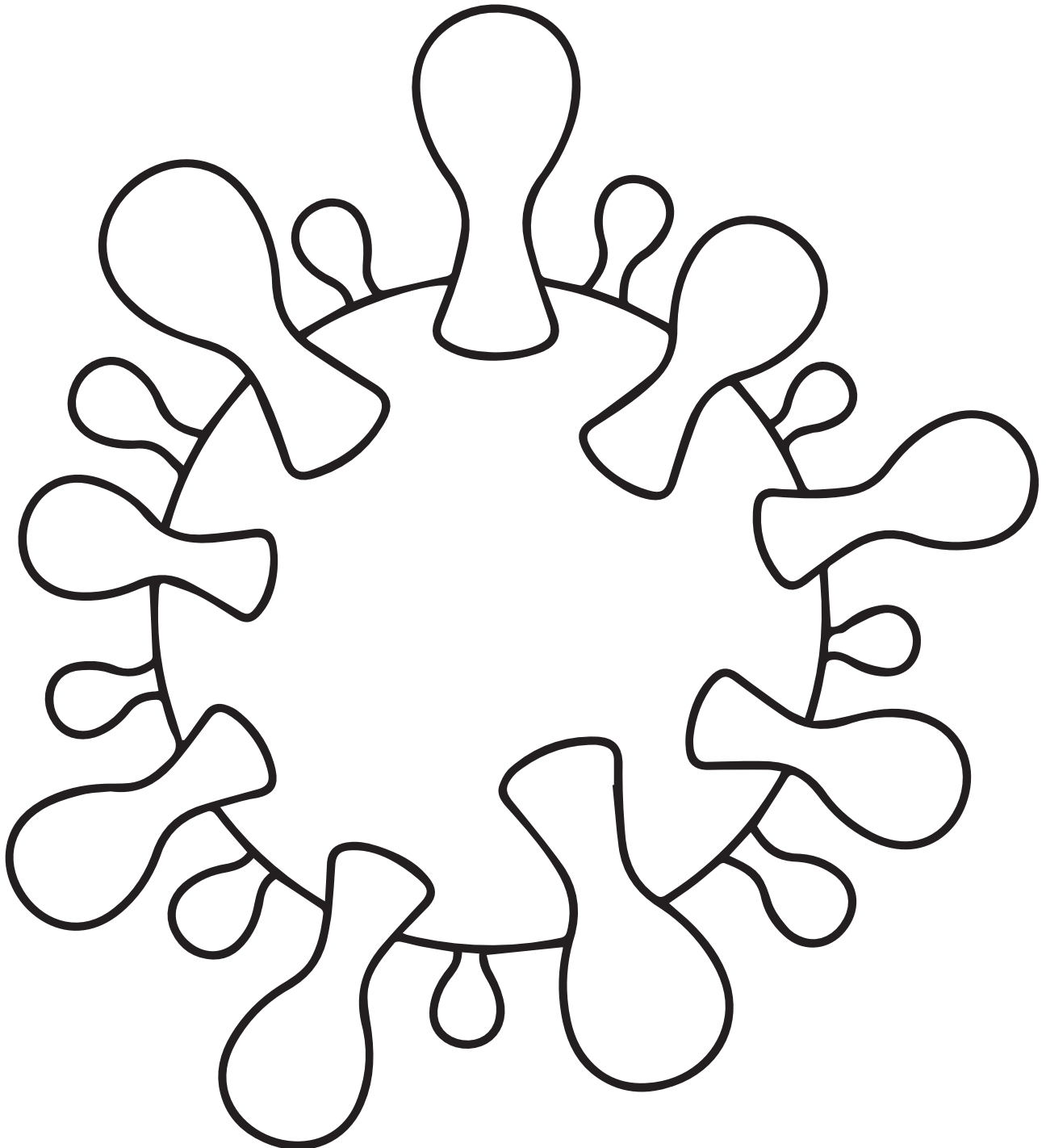
TIME CAPSULE

TIME CAPSULE

BY:

USE YOUR IMAGINATION
USE YOUR IMAGINATION
USE YOUR IMAGINATION

**PRETEND YOU HAVE A MICROSCOPE AND YOU CAN
SEE THE CORONAVIRUS. WHAT DOES IT LOOK LIKE?**

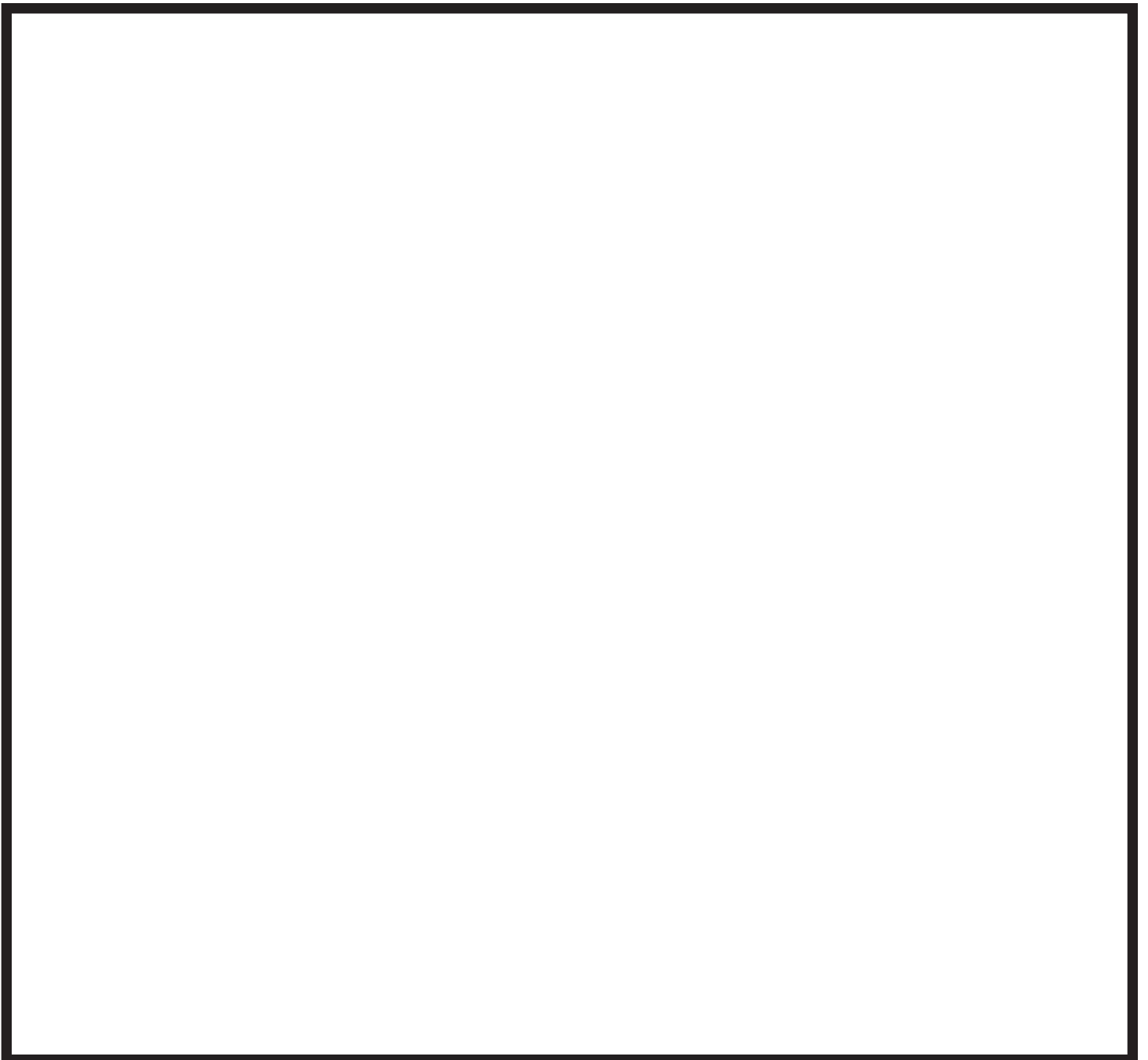


RECORD THIS MOMENT RECORD THIS MOMENT **RECORD THIS MOMENT**

**YOU ARE LIVING THROUGH HISTORY. USE THE SPACE BELOW TO
SHOW YOUR FUTURE SELF WHAT YOUR LIFE IS LIKE RIGHT NOW.**

- PICTURES OF YOURSELF & YOUR FAMILY
- NEWSPAPER CLIPPINGS OR ARTICLES

- MEMORIES FROM YOUR TIME STAYING HOME
- YOUR ARTWORK OR JOURNAL ENTRIES



TODAY IN _____ **ON** _____ **I AM...**
WHERE DO YOU LIVE? TODAY'S DATE

YEARS OLD

INCHES TALL

POUNDS

WHEN I GROW UP, I WANT TO BE A...

MY BEST FRIEND'S NAME IS...

MY FAVORITE THINGS

SONG: _____

BOOK: _____

MOVIE: _____

SNACK: _____

TV SHOW: _____

DESSERT: _____

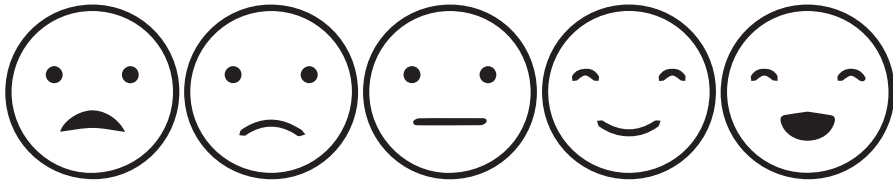
COLOR: _____

ANIMAL: _____

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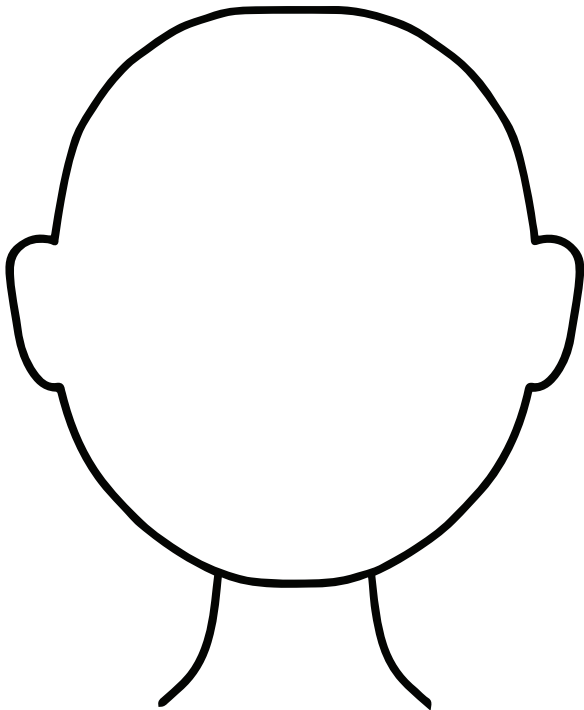
PLACE: _____

TODAY, I'M FEELING
TODAY, I'M FEELING
TODAY, I'M FEELING



WHICH FACE BEST SHOWS YOUR FEELINGS?

I FEEL GRATEFUL FOR...



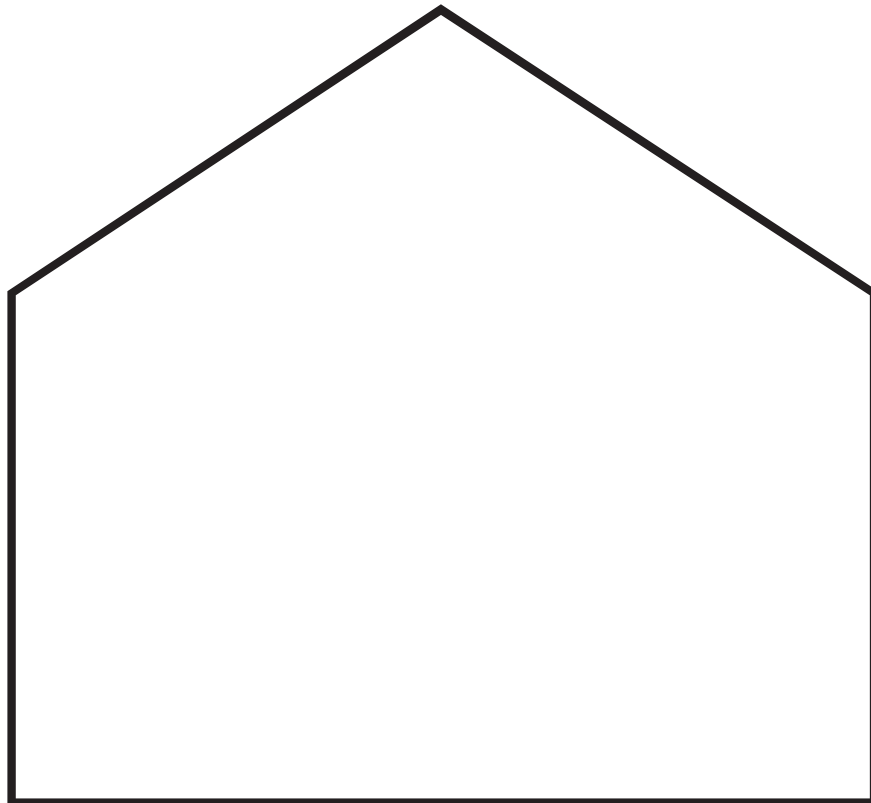
DRAW A PICTURE OF YOURSELF

**WORDS THAT DESCRIBE
HOW I FEEL...**

MY COMMUNITY
MY COMMUNITY
MY COMMUNITY

**WHAT DO YOU DO AT HOME
TO HAVE FUN AND KEEP BUSY?**

**HOW DO YOU STAY
CONNECTED TO FRIENDS?**



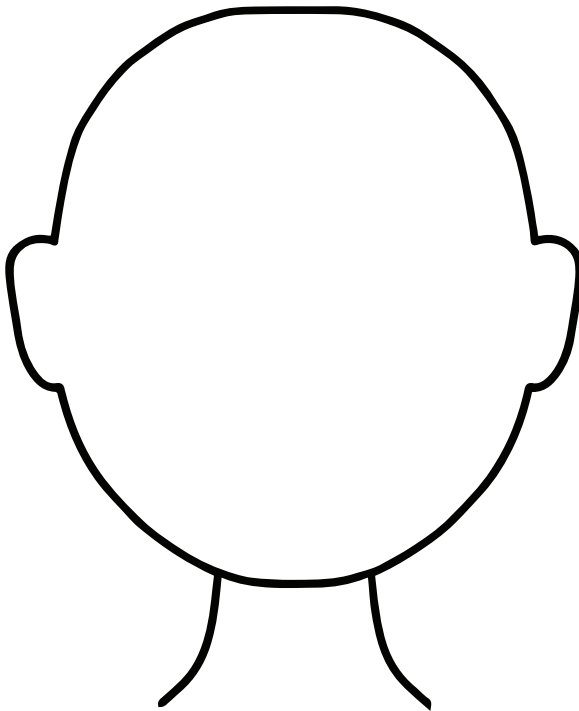
DRAW A PICTURE OF YOUR HOUSE

HAND PRINTS
HAND PRINTS
HAND PRINTS

**ON THIS PAGE, TRACE OR PAINT ON ALL THE
HAND PRINTS OF THE PEOPLE LIVING IN YOUR HOME.**

INTERVIEW SOMEONE INTERVIEW SOMEONE **INTERVIEW SOMEONE**

**INTERVIEW SOMEONE ELSE THAT IS LIVING IN YOUR HOME.
COMPARE YOUR EXPERIENCE WITH THEIRS.**



**DRAW A PICTURE OF THE
PERSON YOU ARE INTERVIEWING**

WHO ARE YOU INTERVIEWING?

NAME: _____

RELATIONSHIP: _____

**HOW MANY DAYS HAVE YOU
SPENT SAFE AT HOME?**

**WHAT ARE YOU MOST
GRATEFUL FOR?**

**HOW DO YOU HAVE FUN
AND KEEP BUSY?**

**WHAT ARE YOU MOST
LOOKING FORWARD TO
WHEN THIS IS OVER?**

TIME TO REFLECT
TIME TO REFLECT
TIME TO REFLECT

**COVID-19 IS AFFECTING THE LIVES OF EVERYONE AROUND THE WORLD.
WHAT HAVE YOU LEARNED FROM THIS EXPERIENCE?**

1

2

3

4

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